

A guide to serve communion at home with your family

There are many ways to serve communion. The Bible does not dictate a certain method. Feel free to be creative. You could celebrate communion after a meal together as often modeled by the early church (Matthew 26:26-29; Acts 2:42-46; 1 Corinthians 11:20-26). You could make this a special time during your day or you could partake in it before or after your family devotional time. The important thing to remember is that this is a time of worship.

This is a time of celebration. This is a time of remembrance and reflection. Enjoy it and you will see you and your group members grow in your relationship with Jesus Christ.

Here are a couple of ideas to get you started:

1. Place a loaf of unsliced bread on a platter and some grape juice in a nice cup on a table in the middle of your family.
2. Begin your time of celebration by reading some selected passages of Scripture that remind us of the Lord's death, burial, and resurrection.
 - Psalm 22
 - 1 Corinthians 15:1-8
 - Galatians 2:16-21
 - Ephesians 2:1-10
 - Philippians 2:1-11
 - Isaiah 53
 - Mark 15:21-29
 - John 19
3. After reading the Scriptures, pass the bread around and ask each person to tear off a small piece. Remind them that this bread represents the body of Jesus which was broken on our behalf.
4. Then read 1 Corinthians 11:23-26.
5. Next pass the cup of juice around and have everyone dip their bread into the cup. After everyone has dipped, remind them that the cup represents the blood of Jesus which was shed for us.
6. After the bread and juice have been consumed, encourage everyone to spend a few minutes in prayer and reflection.
7. Conclude your celebration by singing a song, listening to a praise song, or having a time of prayer in thanks to God.